An advance directive is a document that pertains to treatment preferences and the designation of a surrogate decision-maker if you become unable to make medical decisions on your own. You do not have to have an advance directive. Advance directives are generally in the form of a living will, life-prolonging procedures declaration, designation of a health care representative or proxy, or durable power-of-attorney. Advance directives can be revoked or amended at any time. This document has been designed to help you understand the Lexington Clinic Ambulatory Surgery Center’s policies on advance directives.

KENTUCKY LAW

The Kentucky Living Will Directive Act of 1994 was passed to ensure that patients have the right to make decisions regarding their own medical care, including the right to accept or refuse treatment.

In Kentucky, a living will allows you to leave instructions in four critical areas. You can:

• Designate a Health Care Surrogate
• Refuse or request life prolonging treatment
• Refuse or request artificial feeding or hydration (tube feeding)
• Express your wishes regarding organ donation

Anyone age 18 or older can make a living will. The effectiveness of a living will is suspended during pregnancy.
LIVING WILL

A living will is a document that tells your doctor or other health care providers whether or not you want treatments or procedures that will prolong your life if you are in a terminal condition or permanently unconscious. Procedures that can prolong your life may include use of mechanical respirators to help you breathe, kidney dialysis to clean your body of wastes, CPR (cardiopulmonary resuscitation) to restore your heartbeat, artificial nutrition, or hydration.

State advance directive forms are available upon request. Please contact the Ambulatory Surgery Center at (859) 258-4600.

ADVANCE DIRECTIVE POLICIES AT THE LEXINGTON CLINIC AMBULATORY SURGERY CENTER

The Lexington Clinic Ambulatory Surgery Center performs elective surgeries and our staff is dedicated to do everything within their power and training to ensure a patient survives the procedure. This includes resuscitation if that becomes necessary. Therefore, the Lexington Clinic Ambulatory Surgery Center does not honor advance directives. In the event that any unforeseen complications arise that require transfer to a hospital, an advance directive could be important upon a patient’s arrival at the hospital. Therefore, please advise your nurse or doctor if you have an advance directive.
New Lexington Clinic, PSC has full ownership of this Ambulatory Surgery Center. Your attending physician may have a vested interest in this specific facility. Names and addresses of all officers, directors and principal stockholders, either beneficial or of record are available upon request. If you have any questions, please contact the Ambulatory Surgery Center Administrator at (859) 258-4600.