W. Ben Kibler, M.D., F.A.C.S.M.


W. Ben Kibler, M.D., F.A.C.S.M., continued


Current Studies

• Acute measurement of GIRD in throwing athletes
• Analysis of 4 scapula exercises using electromyography
• Correlation of clinical examination and arthroscopic findings in the shoulder
• Functional outcomes of post-operative and non-operative shoulder patients
• Measurement of GIRD at different humeral positions
• Treatment of adhesive capsulitis of the shoulder: a multi-center randomized clinical trial
• A national survey of youth baseball pitchers regarding pitching exposure and elbow and shoulder problems
• Association among pitching variables, elbow or shoulder injuries, and structural arm differences in youth pitchers seen at Lexington Clinic Orthopedics-Sports Medicine Center

David C. Dome, M.D.


Peter W. Hester, M.D.


