Patient’s Name: ____________________________________________  Patient’s Phone Number: ________________________________

Doctor: ______________________________________________  Referring Doctor: _______________________________________

Date: ___________________________________________  Arrival Time: ________________________________________________

Please check in on the first floor of the South Broadway Building (1221 South Broadway) the day of your scheduled exam to be registered. You will then be instructed to go to the Radiology Department after the registration process is completed.

### Instructions for Colon Cleansing Prep

- Colon Cleansing preps are used for the following Radiological exams:
  - Barium Enema
  - IVP
- If you are scheduled for an IVP and you are on diabetic medication, ask your ordering physician about when to stop and start taking this medication.

**Option 1:** If you have a history of KIDNEY/RENAL disease or Congestive Heart Failure you must do OPTION 2

**Purchase:** Two 10 ounce bottles of Magnesium Citrate and 4 Bisacodyl Laxative Tablets. (These are found at any pharmacy and DO NOT require a prescription)

**Instructions:** Day prior to scheduled procedure:

1. Clear liquid diet all day. No solid food or products containing milk or pulp. Examples of clear liquids are apple juice, white grape juice, chicken or beef bouillon, popsicles, Jell-O (no red or purple colors), sodas, coffee and tea.
2. Drink at least 8 ounces of liquid every hour to prevent dehydration.
3. Take 2 Bisacodyl laxative tablets with 8 ounces clear liquid at 3 p.m.
4. Drink two bottles of Magnesium Citrate between 3:30 p.m. – 6 p.m., follow this by drinking 8 ounces of clear liquid.
5. Take 2 Bisacodyl laxative tablets with 8 ounces clear liquid at 8 p.m.

**Option 2:**

**Purchase:** HalfLytely (This DOES require a prescription).

**Instructions:** Day prior to scheduled procedure:

1. Clear liquid diet all day. No solid food or products containing milk or pulp. Examples of clear liquids are apple juice, white grape juice, chicken or beef bouillon, popsicles, Jell-O (no red or purple colors), sodas, coffee and tea.
2. At 2 p.m. take two Bisacodyl tablets with water. Do not chew or crush tablets.
3. Mix HalfLytely solution - Open bottle, pour in one flavor pack of your choice. Add water to top line on bottle. Place cap on bottle and shake until powder is dissolved. Place in refrigerator to chill.
4. Between 3 p.m. and 5 p.m. start drinking HalfLytely solution. Drink one 8 ounce glass every 10 minutes until HalfLytely is finished. Be sure to drink ALL of the solution. This should take about 2 hours.

YOU MAY CONTINUE A CLEAR LIQUID DIET UNTIL 6 HOURS PRIOR TO YOUR PROCEDURE.

*After completing the preparation, your stools should be yellow or clear liquid. If not, please call (859) 258-6222.*