



**KHSAA Eligibility Rules and Parental Permission Form**  
**Bylaw References as of April 30, 2008**

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**ADMINISTRATORS AND COACHES**  
 It is the obligation of KHSAA member school representatives to ensure that this form is distributed in its entirety to each prospective student athlete.

**STUDENTS, PARENTS AND GUARDIANS**  
 It is the obligation of each person desiring to participate on any team at any level at a KHSAA member school and that student's parent or legal guardian to read and be aware of all pages of this form, and to sign in the relevant locations, and return pages 7-10 to the member school.

**MEDICAL PROFESSIONALS**  
 If you are producing this form for mass use, you must include all 10 pages in your distribution.

Dear Parent or Guardian:  
 Kentucky High School Athletic Association (KHSAA) rules require all participants in interscholastic athletics and parents/guardian to acknowledge receipt of the eligibility rules as promulgated by this Association and the Kentucky Board of Education Regulations. If you have questions concerning these regulations, please direct them to your high school principal. This form is for information only. For the full text of any KHSAA Bylaws, consult the KHSAA Handbook or web site (<http://www.khsaa.org>). Please continue to support your child and your local high school by attending and supporting high school activities, "An Integral Part of Education".

**STATEMENT OF HAZARDS IN PARTICIPATION IN ATHLETICS**  
 Playing, practicing to play, helping with, or participating in any manner in any sport can involve many risks of injury. Because of the risk of participating in sports, the student should recognize the importance of following the coaches' instructions regarding playing techniques, training and other team rules and obey such instruction.

**CATASTROPHIC INSURANCE COVERAGE**  
 The KHSAA provides **excess** catastrophic insurance coverage for all student athletes at no cost to member schools. This plan has a \$25,000.00 deductible. Your child will be covered under this plan during the prescribed dates and activities, effective the date you complete and return the attached acknowledgment form to the school principal. This is an "excess" policy, meaning personal insurance and other school insurance policies are to be exhausted before this plan is implemented. The plan provides coverage for students who meet all eligibility requirements while engaging in, practicing for, or traveling to or from, all activities under the jurisdiction of the KHSAA and the direct supervision of a school employee, and has many other provisions and benefits.

No pupil shall be eligible to represent his/her high school in any interscholastic athletic event (practice or play) unless he/she has been examined by a Health Care Provider as detailed in Bylaw 2 and has proof of insurance to the \$25,000 catastrophic floor. Parents should present this form to your Health Care Provider for his/her signature following his/her examination of your child. The physical examination is valid for participation in athletics for one year from the date signed. Return completed form to your high school Principal to be maintained by the school.

**Bylaw 2. Physical Examination, Parental Consent and Insurance**  
 Sec. 1) Physical Examination and Parental Consent Requirements

The Superintendent or Principal shall have each student who is trying for a place as a participant on an athletic team or cheerleading squad present a physician's certificate certification signed by a physician, physician's assistant, advanced registered nurse practitioner, or chiropractor if performed in the scope of practice (as defined in KRS Chapter 312) which shall state that he/she is physically fit to participate without undue risk. The parent's consent for the child's participation and acknowledgment of receipt of the eligibility rules as promulgated by the Association and Kentucky Board of Education regulations in writing shall also be required.

**Sec. 2) Requirement for Insurance**

Any student, prior to participation or trying for a place on an athletic team or cheerleading squad shall have in place medical insurance with coverage limits up to the deductible of the KHSAA Catastrophic Insurance program and such insurance shall remain in force throughout participation. It is the responsibility of each member school to ensure and certify that each student has insurance coverage throughout the school year.

**Bylaw 3. Age**  
 Sec. 1) Age Restriction

Pursuant to KRS 156.070 (2) (e), a student who becomes nineteen (19) years old before August 1 shall be ineligible for interscholastic athletic competition. A student who becomes nineteen (19) on or after August 1 shall remain eligible for the entire school year.

**Sec. 2) Waiver Provision**

The Board of Control and the Commissioner may waive the provisions of this regulation and the student shall be eligible for high school athletics in Kentucky if the written documentation is provided to clearly demonstrate that the student:

- a) Qualified for exceptional children services and had an individual education program developed by an admissions and release committee (ARC) while the student was enrolled in the primary school program;
- b) Was retained in the primary school program because of an ARC committee recommendation; and
- c) Has not completed four (4) consecutive years or eight (8) consecutive semesters of eligibility following initial promotion from grade eight (8) to grade nine (9).

The Board of Control and the Commissioner may not adopt administrative procedures that allow for waiver of this rule under any other condition.

**Bylaw 4. Enrollment**  
 Sec. 1) Maximum Number of Semesters

a) Students promoted from grade eight (8) to grade nine (9) shall have four (4) consecutive calendar years of eligibility from the date of first such promotion by the school provided the student is eligible according to this and all other Association bylaws. Such eligibility shall conclude with the completion of the spring sports season following the fourth year. No additional eligibility may be granted in a case where the grant would allow a student to compete in all or part of the fifth competitive season in a single sport following the initial promotion by the school from grade eight (8).

b) The Commissioner or Board of Control through the Due Process Procedure, may grant additional eligibility in the case where it has been documented by the attending physician, Principal and Superintendent that severe illness or injury has prevented the student from receiving necessary education services and the right to an education has therefore been impacted rather than simply the loss of athletic privilege. Such grant of eligibility may only be made in the cases in which the student-athlete would remain eligible by all other Association bylaws. Nothing about this provision shall include additional eligibility strictly for loss of participation due to sports related injuries. No additional eligibility may be granted in a case where the grant would allow a student to compete in all or part of the fifth competitive season in a single sport following the initial promotion by the school from grade eight (8).

c) No student having been enrolled in the fourth (4th) grade or in any grade through twelfth (12th) shall be eligible for interscholastic athletics at the high school level (grades 9 through 12) for more than a total of one (1) year in each grade and applicable eligibility shall begin in the first year enrolled in that grade. Students repeating a grade for any reason are ineligible to participate in interscholastic athletics at the high school level (grades 9 through 12) during the second year in that grade. The penalty for violation of this rule shall be the loss of one of the four years of eligibility after being promoted from grade nine (9). Policies regarding the participation of repeating students at the levels of play below high school interscholastic athletics shall be determined by the school



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council pursuant to KRS 160.345 (2) (i).

d) Pupils in grades 4-8 may play on the high school team if such participation is not in conflict with Section (c) above, and the time so played shall not be counted on the eight (8) semester limit. EXCEPTION: Students below grade nine (9) may not participate on the varsity team in contests in the sports of football or soccer, and students enrolled below grade seven (7) may not participate on the varsity level in wrestling. The provisions of this restriction shall not apply to non-varsity teams participating in these sports.

**Sec. 2) Responsible Parties**

Any public elementary or secondary school or school employee or official who knowingly allows participation of an ineligible player under the provisions of this bylaw, or who, through reasonable diligence, should have known of such ineligibility, shall be considered in noncompliance with state accreditation standards or guilty of willful neglect of duty or breach of contract. Such shall apply not only to coaches, but also to personnel supervising coaches; such as, but not limited to an athletic director, an assistant principal, a principal, an assistant superintendent, a superintendent, or a school board member.

**Sec. 3) Deadline for Enrollment**

On Friday of each grading period, a student in grades nine (9) through twelve (12) must be enrolled as a full-time student in at least four hours of instruction as provided in Kentucky Board of Education regulation 702 KAR 7:125 (of the six hours of instruction required) or the equivalent of four hours of instruction acceptable to graduation at the member school he/she desires to represent in order to be eligible for athletics.

A student must have enrolled as a bona fide full-time undergraduate student no later than twenty (20) school days after the beginning of the semester to be eligible during that semester.

**Sec. 4) Enrollment Elsewhere**

No student who is enrolled or connected with any other school than the one he/she represents shall take part in any contest. In the case of an all-boys high school, girl cheerleaders from affiliated neighboring girls school may be accepted.

**Bylaw 5. Minimum Academic Requirement**

**Sec. 1) Proper Grade Level Requirement for Students in All School Districts**

On the first day of each school year, a student must be at his/her proper grade level. To be considered to be at the proper grade level, a student must have been enrolled as a full-time student during the previous grading period, and must be on schedule to graduate with his/her class on the first day of school. For the verification of this provision, all course work, including summer and correspondence work, must be complete by the first day of the school year for the student body.

**a) Eligibility During First Year Following Initial Enrollment in Grade Nine (9)**

For a student in the ninth grade to be considered to be on schedule to graduate, that student must have been promoted from grade eight (8) to grade nine (9), and be in compliance with all other bylaws.

**b) Eligibility During Second Year Following Initial Enrollment in Grade Nine (9)**

For a student in the second year following initial enrollment in grade nine (9) (normally grade 10) to be on schedule to graduate, that student must have received twenty (20) percent of the requirements of the school/district for graduation prior to the first day of the second year following initial enrollment in grade nine (9), and be in compliance with all other bylaws.

**c) Eligibility During Third Year Following Initial Enrollment in Grade Nine (9)**

For a student in the third year following initial enrollment in grade nine (9) (normally grade 11) to be on schedule to graduate, that student must have received forty-five (45) percent of the requirements of the school/district for graduation prior to the first day of the third year following initial enrollment in grade nine (9),

and be in compliance with all other bylaws.

**d) Eligibility During Fourth Year Following Initial Enrollment in Grade Nine (9)**

For a student in the fourth year following initial enrollment in grade nine (9) (normally grade 12) to be on schedule to graduate, that student must have received seventy (70) percent of the requirements of the school/district for graduation prior to the first day of the fourth year following initial enrollment in grade nine (9), and be in compliance with all other bylaws.

**Sec. 2) One-time Reinstatement of Students Failing to Meet Normal Progress Requirements**

The eligibility of a student failing to meet the provisions of subsections (a) through (d) above may be reinstated a maximum of one time. This reinstatement is possible by the student passing twenty-five (25) percent of the requirements of the district for graduation during the year he/she is ineligible. He/she, upon reinstatement, shall remain eligible as long as he/she passes twenty-five (25) percent of the requirements of the district for graduation during each subsequent year.

**Sec. 3) Continual Progress During the School Year**

On a weekly basis, a student shall also be passing (cumulatively for the credit period) in at least four hours of instruction as defined by Kentucky Board of Education regulations (of the six hours of instruction required) or the equivalent of four hours of instruction acceptable to graduation in order to be eligible to participate in athletics during the subsequent week (Monday through Sunday period) and through the next opportunity to examine grades in this manner. On its membership form, each member school shall designate the day of the week, approved and documented through local policies, that the grades shall be examined for the student-athletes within that school in order to make this determination. Absent any other determination, this weekly check of grades shall be conducted on each Friday of each grading period or on the last day of classes preceding that particular Friday if no classes are conducted on that particular Friday. No special tests or recitations are to be given for the purpose of making the student eligible.

**Sec. 4) Pre-Secondary School Students**

Pre-secondary school students (grades 4-8) participating in athletics representing a KHSAA member school shall be passing in at least two-thirds of the subjects in which they are currently enrolled and be in compliance with all other bylaws in order to be eligible.

**Bylaw 6. Transfer Rule - Domestic Students**

**Sec. 1) Domestic Student Transfer**

Any student who has been enrolled in grades nine (9) through twelve (12) and has participated in any varsity contest in any sport at any school following enrollment in grade nine (9) and who then transfers schools shall be ineligible for interscholastic athletics at any level in any sport for one year from the date of enrollment in the new school.

The Commissioner has discretion (but is not required) to waive the period of ineligibility set forth above if one or more of the following exceptions in Section 2 has been met. Determinations of whether a student shall be granted a waiver pursuant to this rule shall be based on the circumstances existing as of the date of enrollment at the new school.

**Sec. 2) Discretionary Exceptions for Waiver**

a) **BONA FIDE CHANGE IN RESIDENCE** - The period of ineligibility may be waived if there has been a bona fide change in residence by the parents and student that precedes a student's change of schools.

For purposes of this bylaw, a bona fide change of residence means the moving of the permanent residence of the entire family of the student and his/her parents from one school district or defined school attendance area into another school district or defined school attendance area prior to a change in enrollment of the student. A student who becomes emancipated does not have a bona fide change of residence by virtue of his/her emancipation and change of residence for purposes of this bylaw.



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- b) **DIVORCE** - The KHSAA will not recognize a legal separation as grounds for waiver of the provisions of this bylaw. The period of ineligibility may be waived in the event of a dissolution of marriage (i.e. a final and legally binding divorce decree from a court of competent jurisdiction) of the parents and a change in the residence of the student pursuant to a court order granting custody of the child to one of the parents with whom the student shall reside. In the event joint custody is awarded to both parents, for purposes of this bylaw, the student shall initially be eligible where either parent resides. After initially establishing eligibility with one parent, all subsequent transfers will require a period of ineligibility of one year. If neither parent retains the former residence, the parents shall designate one of their new residences (mother or father) for the purpose of this bylaw, such designation to be reviewed and approved by the Commissioner. If a student subsequently decides to return and reside with the other parent in a different school district following this initial designation, the student shall be ineligible for one year.
- c) **GUARDIANSHIP/CHANGE OF CUSTODY** - The KHSAA shall not recognize guardianship or similar arrangements made, for purposes of this bylaw. The period of ineligibility may be waived where it is shown that custody of the student has been taken from one or both parents and given to the other parent or a third person by a court of competent jurisdiction and under circumstances indicating: (1) the parent(s) is/are unfit or (2) the court finds that the health and welfare of the student would be better served by the change in custody.
- d) **DEATH** - The period of ineligibility may be waived in the event the death of one or both of the student's custodial parents creates such circumstances that the transfer to another secondary school is deemed appropriate.
- e) **BOARDING SCHOOLS** - The period of ineligibility may be waived on a one-time basis for students entering a boarding school on a full time basis as a boarding school student.
- f) **NON ATHLETIC PARTICIPATION FOR AN ENTIRE SCHOOL YEAR** - The period of ineligibility may be waived in the event that the transferring student did not participate in an interscholastic contest at any level in any sport while enrolled in grades nine through twelve at the sending school during the entire academic school year immediately preceding the change in schools.
- g) **REASSIGNMENT BY BOARD OF EDUCATION** - The period of ineligibility may be waived if the student has changed schools through a properly documented reassignment of the Board of Education to another school in the district. To meet this exception for a reassignment, reasons for the assignment may include, but are not limited to, the closing or opening of a school due to consolidation, merger, opening of a new school, or another type or opening or closing or assignment through KRS 158.6455 or other applicable adopted regulation. Such assignment may be to the public school district should a private, parochial or independent school close.
- h) **TRANSFER FROM NON-MEMBER SCHOOL** - The period of ineligibility may be waived for a student transferring from a non-member school located in Kentucky whose athletic participation has been limited primarily to other non-member schools.
- i) **MILITARY ASSIGNMENT** - The period of ineligibility may be waived for a student transferring in a situation where documentation is presented to verify that the change in education and living arrangements is directly related to an order from any branch of the United States military service, including the reserve components.
- Sec. 3) **Specific Restrictions Resulting in Denial of Waiver**  
 Satisfying one of the exceptions (a through i) will not be considered valid and a waiver of the period of ineligibility shall not be granted—
- a) If the change in schools is to nullify or circumvent the actions of representatives or rules of the previous school or if the student left the sending school under penalty which would have resulted in their ineligibility at the sending school;

- b) If the satisfying of one of the exceptions occurs after the enrollment at the new school;
- c) If the change in schools is motivated in whole or part by a desire to participate in athletics at the new school;
- d) If the satisfying of one of the exceptions is used or manipulated for the purpose of gaining athletic eligibility;
- e) If the satisfying of one of the exceptions by the student and the parent(s) does not reasonably precipitate a transfer to the new school.
- Sec. 4) **Other Transferring Student Restrictions and Procedures**
- a) The Commissioner may, as he/she deems necessary, appoint or hire a committee or investigator to conduct any inquiry or investigation concerning any issues arising under this bylaw or any other bylaw.
- b) If any member school files a written objection to the factual validity of the certification before the conclusion of the period of time to which the period of ineligibility would normally apply, along with the specific, detailed basis for such, then a complete investigation shall be conducted by the KHSAA and a ruling shall be issued through the Commissioner's office.
- c) No student enrolled in grades 4-12 who has participated in a first team game shall be eligible to represent a second member school during that school year unless that student would qualify for a waiver of the period of ineligibility in accordance with provisions (a) through (i) above.
- d) A student is ineligible for athletics in this state if he/she transfers from another state if he/she was or would have become ineligible in the state from which he/she transfers.

**Bylaw 7. Transfer Rule - Non-Domestic Students**

- Sec. 1) **Foreign Exchange Students**  
 Foreign exchange students attending school in Kentucky shall be considered ineligible for the first calendar year following enrollment.
- a) If placed in a KHSAA member school under the auspices of approved student exchange programs or in other circumstances approved by the Board of Control within Board policy, these students may be declared eligible and not be subject to the initial one-year period of ineligibility.
- b) In order to be considered for a waiver, the following conditions must exist
- 1) The student shall be in compliance with all U.S. Immigration and Naturalization Service regulations;
  - 2) The student shall be in the first and only year as an exchange student;
  - 3) The student shall not be a graduate of a the 12th or terminating grade or its' equivalent in either the U.S. or his/her home country;
  - 4) The student shall be in possession of a complete transcript of records that has been translated into English prior to the request for eligibility;
  - 5) The student shall be in possession of a J-1 student education visa issued by the U.S. Immigration and Naturalization Service;
  - 6) The student's placement must not have been a "direct placement" into a KHSAA member school;
  - 7) The student's host family shall not pay any tuition or fee normal to the attendance at the KHSAA member school, all such fees shall be paid by the student's family;
  - 8) All travel fees shall be paid by the student's family; and
  - 9) The student's host family shall not include members of the coaching staff at the KHSAA member school at which participation is desired and shall not include exchange agency representatives.
- c) To be considered for approval by the Board of Control, a foreign exchange program shall assign students to schools by a method that ensures that no student, school or interested party may influence the assignment for athletic or other purposes.
- d) The student, the principal or designated representative of the member school, and a representative of the placement agency



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shall sign and attest to certification that the athlete complies with the eligibility rules of the KHSAA and shall not be eligible under any circumstances for more than one year of athletic participation if the first year period of ineligibility is waived.

Sec. 2) **Additional Eligibility for Exchange Students**

Any student having made election to apply for the waiver of the first year of ineligibility and having been granted a waiver of the normal period of ineligibility under subsection (a) above shall not be eligible, under any circumstances, for more than one (1) school year while enrolled in grades 9 - 12 in Kentucky.

Sec. 3) **Students Not Coming Through Exchange Programs**

Any student desiring to participate in athletics who does not meet the criteria listed in Bylaw 7 may seek a waiver of the one-year ineligibility period through the KHSAA Due Process Procedure.

**Bylaw 8. Contestant On Other Teams, Post Season and All-Star Games**

Any student who after enrolling in grade nine (9) has been a contestant in football or basketball at any level (grades 9-12) and has eligibility remaining in that sport may not participate on any non-school sponsored team or in any all-star game in that sport or any variation of that sport from the first day of school through the last scheduled contest played in that sport (including KHSAA sanctioned post-season) by that school unless it has been sanctioned by the Board of Control. Following the team's last scheduled game (including post season), there are no restrictions on play in that specific sport for the student-athletes.

**Bylaw 9. Other Eligibility Requirements and Regulations**

- Sec. 1) **Graduates and College Students**  
 Any student who has graduated from a secondary school, or who has ever played on a college team, is thereafter ineligible to play on a high school team.
- Sec. 2) **Practice of Ineligible Students**  
 Unless ineligible due to the provisions of Bylaw 11 (Sportsmanship, having been ejected from a contest), any student who is not eligible for competition during a team's next contest/meet/match/game shall not practice with the team.
- Sec. 3) **Conduct - Student or Other Representative Under Penalty**  
 Any student, contest official or other official school representative who is under penalty or discipline or whose conduct is such as to reflect discredit upon the school or the KHSAA is not eligible.

**Bylaw 10. Recruitment**

Sec. 1) **Foreword**  
 Pupils (both domestic and foreign) at any grade level shall not be recruited to a member school of the KHSAA for the purpose of participating in athletics, including recruitment under the guise of academics.

- Sec. 2) **Definition**  
 Recruiting is defined as an act, on behalf of or for the benefit of, a school, which attempts to influence a student to transfer to a member school for the purpose of participating in athletics. A school official utilizing an intermediary, such as, but not limited to a peer, another school employee, a student, a parent or a citizen, for the purpose of recruiting a student athlete shall be in noncompliance.
- a) An athletic coach or any other member of the school staff shall not influence a student even if the student, his/her parents or any intermediary from another school makes the initial contact. In this situation, a coach or staff member (paid or unpaid) should immediately refer the person(s) to the school principal.
- b) Influencing a student shall include, but shall not be limited to the promise or instilling the expectation of an athletic advantage, playing time, employment of the student or his/her parents or relatives, housing for the student or his/her parents, scholarships or financial aid for which other members of the student body are not generally eligible, or any other material or athletic reward for which other members of the student body are not generally eligible.

Sec. 3) **Penalty**

Any representative of a member school knowingly allowing the

recruitment of a student for the purpose of participating in athletics or who should have known of such recruitment shall be guilty of willful neglect of duty, misconduct, and/or breach of contract. Such shall apply not only to coaches, but also to personnel supervising coaches, such as, but not limited to an athletic director, an assistant principal, a principal, an assistant superintendent, a superintendent or a school board member. This regulation shall also apply to students or their parents.

**Bylaw 11. Practice of Sportsmanship**

Sec. 1) **Sportsmanship Obligation**  
 It is the clear obligation of principals, coaches, faculty members, boards of education, and all official representatives of member schools to practice the highest principles of sportsmanship and the ethics of competition in all interscholastic relationships with fans, officials, players, coaches, official representatives of member schools, and the general public. The Commissioner and the Board of Control shall have the full authority to suspend the coach, student, or any member school whose representatives may be convicted on competent evidence of the violation of this obligation. Any violation of this rule in any interscholastic contest shall be immediately reported to the Commissioner by the principal(s) of the school(s) involved, and by the game officials who work in the contest.

Sec. 2) **Illegal Equipment**

It shall also be considered a violation of this rule if any school or school representative(s) uses or allows the use of illegal equipment which gains a competitive advantage in the contest and which is expressly prohibited by the rules adopted for that sport. Violations of this particular provision may result in penalization by the Commissioner in accordance with the provisions of this bylaw and in accordance with KHSAA Bylaw 33, Penalties.

Sec. 3) **Requirement for Reinstatement**

Any student, coach, or official team representative ejected from an interscholastic contest due to a violation of this obligation must be reinstated by a member of the Commission prior to returning to interscholastic contests. Any student or coach using insulting language to another player or coach or to any official in any interscholastic contest, or who has been ruled out of such a contest because of unsportsmanlike tactics, shall be disqualified from athletic competition until reinstated by the Commissioner.

Sec. 4) **Reporting Requirement and Permanent Suspension**

The name of the student or coach shall be reported to the Commissioner by the principal of the school than that student attends. When an official disqualifies a student or coach, he/she shall report the disqualification to the principal or his/her representative and to the KHSAA office. If the Commissioner finds upon investigation that the offense was sufficiently serious, the offender shall be permanently disqualified.

**Bylaw 12. Amateur/Awards**

Sec. 1) **Amateur Status**

A student who represents a member school in an interscholastic sport shall be an amateur in that sport. An amateur athlete is one who engages in athletic competition solely for the physical, mental, social and pleasure benefits derived from said participation. An athlete forfeits amateur status in a sport by:

- a) Competing for money or other monetary compensation (allowable travel, meals and lodging expenses may be accepted);
- b) Receiving any award or prize of monetary value not approved by this Association;
- c) Capitalizing on athletic fame by receiving money or other gifts of monetary value not specifically approved by Section 2 or 4 of this rule (scholarships to institutions of higher learning are specifically exempted);
- d) Signing a professional playing contract in that sport; or
- e) Accepting a nominal standard fee or salary for instructing, supervising or officiating in an organized youth sports program or recreation, playground, or camp activities shall not jeopardize amateur status. "Organized youth sports program" includes both school and non-school programs.



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**Sec. 2) Awards**

- a) Awards governed herein and received by a student-athlete while representing a member school include awards received by a student-athlete while enrolled during the academic year as a regular student or awards received by a student-athlete while representing the school at any other time.
- b) Awards received by a student-athlete participating in an event while not representing the school, shall conform to the regulations of the recognized amateur athletic organization(s) associated with the event. If no such limit exists for the amateur organization, the limit shall be \$300. At no time shall the student-athlete be permitted to receive cash for this type of participation.
- c) Awards presented by a member school conference, or approved agency must be uniform for all team members receiving the award.

**Sec. 3) Non-Permissible Awards**

The following awards are prohibited:

- a) An individual may not receive a cash award for athletics participation. An individual may not receive a cash equivalent item (i.e., an item that is negotiable for cash or trace or other services, benefits or merchandise) for athletic participation.
- b) Gift certificates and merchandise items that cannot be properly personalized shall be prohibited.
- c) Cash or any other award that an individual cannot receive under these rules may not be forwarded in the individual's name to a different agency or individual.

**Sec. 4) Type of Awards**

- a) Awards for recognition of interscholastic athletics participation (letter awards) may be presented each year by a member school. In addition, the school may present senior awards and awards in recognition of special attainments or contribution to a team's competitive season (i.e., scholar-athlete, most improved player, etc.)
- b) Awards for participation in special events (post season tournaments) and established regional or national recognition awards (Mr./Miss Basketball, All-State, etc.) may be presented only by the management of such an event, awards program, or by a school that has had or will have a team or individual participate in the event/sport.
- c) The total value of any award presented for high school competition shall not exceed \$300, except awards presented by the Association or a member school for participation in KHSAA sponsored events.
- d) Schools or conferences may not present individual awards to student-athletes for specialized performances in particular contests or events or during a limited time period (i.e., "player of the game" or "player of the week"). However, an organization such as a business firm or other outside agency may recognize a student-athlete's outstanding performance in a particular contest or during a particular time by presenting a certificate, plaque or medal valued at less than \$50. It is not permissible for such an organization to provide any other tangible item or award.

**Bylaw 13. Financial Aid**

**Sec. 1) Definitions for this bylaw**

- a) Tuition— means the amount of necessary fees, costs and other charges to attend a member school as determined by that member school's published scale of charges. The tuition at the member school shall be the same for all students in like situation irrespective of participation in athletics and shall not include room and board expenses.
- b) Classification of Schools - means the classification of the member schools as follows: (1) A1- District operated general program or multi-program schools; (2) D1- Kentucky Department of Education operated schools (Blind and Deaf); (3) F1- Federal Dependent Schools; (4) J1- Roman Catholic schools; (5) M1- Other Religious schools and (6) R1-Private non-church related schools.
- c) Public Schools- means the member schools receiving funding from the Kentucky Department of Education or comparable federal sources. Public schools shall include the member schools which are

classified as A1, D1 or F1.

- d) Non-Public Schools – means the member schools not receiving funding from the Kentucky Department of Education or comparable federal sources. Those schools shall include the member school which are classified as J1, M1 and R1.
- e) Non-Public School Zone – means the zone to which each non-public school is assigned. The four current non-public school zones are Covington, Lexington, Louisville and Owensboro. These non-public school zones shall be comprised of the counties contained in the geographic alignment related to the archdiocese of the same name.
- f) Non-Public School Governing Board— means the entity having oversight over the member school. For purposes of this bylaw, the "governing board" of a non-public school shall be determined by the school type. For J1 schools, the "governing board" shall be the archdiocese and geographic references shall be the counties included in the non-public school zone of the school. For the R1 and M1 schools, the "governing board" shall be as defined by the governance structure of the institution.
- g) Immediate Family— means the student and the student's father, mother, brother, sister, step-father, step-mother, step-brother, step-sister, husband, wife, aunt, uncle, grandparent.
- h) Financial Aid— means any and all aid given to a student which reduces tuition, including, but not limited to, awards, reductions and waivers.
- i) Need-Based Aid— means the amount of financial aid that an independent financial analysis of the student's financial aid application demonstrates that the student needs to pay tuition to attend a member school, provided such analysis is performed by an agency approved by the Board of Control.
- j) Merit Aid— means financial aid awards given by the member school based solely on academic/test performance which are available to the entire student body through a competitive application process and that the selection of the recipient(s) is based on published objective criteria which may not include athletic achievement or ability.
- k) Merit Aid Test – means the academic assessment or placement test approved by the Board of Control prior to its administration.
- l) Merit Aid Test Date – means be the date submitted by each member school for the administration of the merit aid test.
- m) Financial Records— means the records related to any financial aid analysis of the student including but not limited to, immediate family's records of the method and sources for all tuition payments.

**Sec. 2) Non-Permissible Financial Aid**

A student shall be ineligible to participate in interscholastic athletics if the student:

- a) Receives financial aid beyond the limits defined in Section 1(a) except for merit aid allowed under this bylaw, and waivers of tuition for non-domestic students ruled eligible under Bylaw 6, Section 2 (Foreign Exchange);
- b) Receives merit aid based on an unapproved merit aid test;
- c) Receives merit aid based on a merit aid test not administered on an approved merit aid test date;
- d) Receives merit aid greater than twenty-five percent (25%) of the tuition at the member school;
- e) Receives merit aid from a member school that has already given merit aid to the greater of five (5) percent of its student body or five students;
- f) Receives financial aid that is not available to the entire student body by published objective criteria;
- g) Receives financial aid from a funding source that is not under the custody and control of the member school and/or its governing board;
- h) Receives any financial aid other than the permitted need-based aid or merit aid detailed above from a member school, any other



**KHSAA Eligibility Rules and Parental Permission Form**  
**Bylaw References as of April 30, 2008**

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- entity governed by that member school's governing board or any representatives of the member school;
- i) Receives any financial aid that is indirectly or directly related to athletic achievement or ability;
- j) Has any part of the financial obligation to the member school paid directly or indirectly by individuals outside of the student's immediate family; or
- k) Does not agree to complete disclosure of financial records as defined in this bylaw upon request of the KHSAA and its officials, employees and agents.

**Sec. 3) Financial Aid Restrictions and Reporting**

All member schools shall annually report detailed financial aid information to the KHSAA including, but not limited to:

- a) Tuition schedule and/or other fees applicable to the student body at the member school;
- b) The merit aid test being utilized by the school and the merit aid test date; and
- c) A detailed listing of the amount of financial aid awarded by the member school including but not limited to:
  - 1) The need-based aid each student-athlete is eligible to receive based on the report of the approved independent agency;
  - 2) The merit aid given to each student and the qualifying score used to make the determination;
  - 3) The amount of need-based aid awarded to each student; and
  - 4) A specific listing of the sports in which each student participates.



**KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION**  
 2280 Executive Drive, Lexington, Kentucky 40505  
 Athletic Participation/Physical Examination Form/Consent and Release  
**PART I - ATHLETE INFORMATION**  
*(This part must be completed by the student)*

Name (Last, First, Initial) \_\_\_\_\_ School Year \_\_\_\_\_  
 Home Address (Street, City, State, Zip): \_\_\_\_\_  
 Gender \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Birth Place (County, State): \_\_\_\_\_

Attendance History

Grade	School Name	School Year	Varsity Play – (Yes/No)?
9			
10			
11			
12			

**I am planning to participate in the following (circle all you might try to play):**

- Baseball    Basketball    Cross Country    Football    Golf    Soccer    Fast Pitch Softball  
 Swimming    Tennis    Track and Field    Volleyball    Wrestling    Cheerleading    Other

**PART II - MEDICAL HISTORY**

*This part must be completed by parent and student and presented to the authorized health care provider before the physical.*

- CHECK THE APPROPRIATE RESPONSE TO EACH ITEM:.....YES NO
- Have you ever been hospitalized? .....  YES  NO
  - Have you ever had surgery of any kind (e.g., tonsillectomy).....  YES  NO
  - Are you presently taking any medications or pills? .....  YES  NO
  - Do you have any allergies (medicine, bees, or other insects)? .....  YES  NO
  - Have you ever passed out during exercise? .....  YES  NO
  - Have you ever been dizzy during or after exercise? .....  YES  NO
  - Have you ever had chest pain during or after exercise? .....  YES  NO
  - Have you ever had high blood pressure? .....  YES  NO
  - Have you ever been told you have a heart murmur?.....  YES  NO
  - Have you ever had racing of your heart? .....  YES  NO
  - Has anyone in your family died of heart problems before 50?.....  YES  NO
  - Do you have any skin problems? (itching, rashes, acne).....  YES  NO
  - Have you ever had a head injury? .....  YES  NO
  - Have you ever been knocked out or unconscious? .....  YES  NO
  - Have you ever had a seizure or suffer from epilepsy? .....  YES  NO
  - Have you ever had a stinger, burner or pinched nerve?.....  YES  NO
  - Have you ever had heat related problems? .....  YES  NO
  - Have you ever been dizzy or passed out in the heat? .....  YES  NO
  - Do you cough heavily, or breath heavily during activity? .....  YES  NO
  - Do you use any special equipment (e.g., knee brace)?.....  YES  NO
  - Have you had any problems with your eyes or vision?.....  YES  NO
  - Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling or other injuries of any bones? .....  YES  NO
  - Are you missing one of any paired organs (e.g., eyes) .....  YES  NO
  - Have you ever been diagnosed with any form of asthma? .....  YES  NO
  - Are you using an inhaler for asthma? .....  YES  NO
  - Are you diabetic? .....  YES  NO
  - Do you administer insulin to yourself? .....  YES  NO
  - Are you presently using tobacco in any form? .....  YES  NO
  - Do you have a history of sickle-cell anemia in your family? .....  YES  NO
  - Have you had any other medical problems? .....  YES  NO
  - Have you had a medical problem or injury within the last year?.....  YES  NO
  - Can you swim? .....  YES  NO
  - When was your last tetanus shot? \_\_\_\_\_

Please explain any YES answers from questions 1-31 on page 1. \_\_\_\_\_  
 \_\_\_\_\_

**PART III - PHYSICAL EXAMINATION**

*This part must be completed by the authorized health care provider named in Bylaw 2.*

PATIENT NAME: \_\_\_\_\_  
 HEIGHT: \_\_\_\_\_ WEIGHT \_\_\_\_\_ BP \_\_\_\_\_ / \_\_\_\_\_ PULSE \_\_\_\_\_  
 VISION: R- 20/ \_\_\_\_\_ L- 20/ \_\_\_\_\_ BOTH- 20/ \_\_\_\_\_ CORRECTED? Y N

	Normal	Abnormal	Comment
HEART			
Rhythm (Regular/Irregular)			
Murmur (supine)			
Murmur (standing)			
ENT			
Lungs			
Skin			
Abdominal			
Genitalia			
Musculoskeletal			
Neck			
Shoulder			
Elbow			
Wrist			
Hand			
Back			
Knee			
Ankle			
Foot			
Dental			
Other			

After having reviewed the data above and the student's medical history, I make the following recommendations on participation in athletics:

- Cleared \_\_\_\_\_
  - Cleared after additional evaluation for \_\_\_\_\_
  - Restricted from participating in the sports of \_\_\_\_\_
  - Cleared only to participate in the sports of \_\_\_\_\_
- Recommendations/Restriction (attach additional if necessary) \_\_\_\_\_

In accordance with KHSAA Bylaws, I have examined the physical condition of the student and find the said student to be physically fit to practice for and participate in interscholastic athletic contests.

Authorized Signature _____  Date: _____	Provider's Name (please print)	_____
	Address:	_____
	City/State/Zip	_____
	Phone	_____

***This Physical Examination is valid for one year from date administered.***

**PART IV - EMERGENCY PERMISSION FORM**  
*(This part must be completed by student and custodial parent / guardian)*

STUDENT NAME \_\_\_\_\_  
 SOCIAL SECURITY NUMBER \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY/STATE/ZIP \_\_\_\_\_  
 SCHOOL \_\_\_\_\_  
 BIRTH DATE \_\_\_\_\_  
 PHONE \_\_\_\_\_

*PERSON TO CONTACT IN CASE OF MEDICAL EMERGENCY:*

NAME \_\_\_\_\_  
 RELATION \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY/STATE/ZIP \_\_\_\_\_  
 DAYTIME PHONE \_\_\_\_\_  
 EVENING PHONE \_\_\_\_\_

Please list any health problems/concerns your child may have, including allergies (medications / others) and any medications presently being used: \_\_\_\_\_

*Students desiring to participate in Wrestling must also complete KHSAA Form WR101 and required attachments between October 15 and the first contest.*

*This form must be reproduced in order for a copy to travel with respective athlete.*

**PART V – CONSENT TO PARTICIPATE, ACKNOWLEDGMENT OF RISK, ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE**

*The student and parents/guardian must read this statement carefully. This form **must** be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics.*

As parent/legal guardian, I agree to allow my child to participate in interscholastic athletics.

The student and parent/legal guardian recognize that participation in interscholastic athletics involves some inherent risks for potentially severe injuries, including but not limited to death, serious neck, head and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of the body, or effects to the general health and well being of the child. Because of these inherent risks, the student and parent/legal guardian recognize the importance of the student obeying the coaches' instructions regarding playing techniques, training and other team rules. By signing this form, the student and parent/legal guardian acknowledge that the student's participation is wholly voluntary and to having read and understood this provision.

The student and parent/legal guardian individually and on behalf of the student, hereby irrevocably, and unconditionally release, acquit, and forever discharge the KHSAA and its officers, agents, attorneys, representatives and employees (collectively, the "Releasees") from any and all losses, claims, demands, actions and causes of action, obligations, damages, and costs or expenses of any nature (including attorney's fees) that the student and/or parent/legal guardian incur or sustain to person, property or both, which arise out of, result from, occur during or are otherwise connected with the student's participation in interscholastic athletics if due to the ordinary negligence of the Releasees.

The student and parent/legal guardian acknowledge that they have received, read and understood the document entitled *KHSAA Eligibility Rules and Parental Permission Form Bylaw References as of April 30, 2008*. **Please be aware that a student is subject to the one year period of ineligibility in Bylaw 6, Section 1, otherwise known as the "Transfer Rule," upon participation in any varsity contest regardless of the amount of participation or lack thereof.**

The student and parent/legal guardian agree to abide by the KHSAA Bylaws and Due Process Procedure as now enacted or later amended. The student and parent/legal guardian further acknowledge that they agree to abide by the rulings of the Commissioner, Assistant Commissioner, Hearing Officer and Board of Control.

The student and parent/legal guardian acknowledge that the student must have insurance coverage up to a limit of \$25,000 in order to be eligible to participate in interscholastic athletics.

**PART V – CONSENT TO PARTICIPATE, ACKNOWLEDGMENT OF RISK, ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE (continued)**

*The student and parents/guardian must read this statement carefully. This form **must** be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics.*

The student and parent/legal guardian consent to this student receiving a physical examination as required by the KHSAA.

The student and parent/legal guardian, individually and on behalf of this student, give the high school, the KHSAA and their representatives permission to release this student's demographic information and participation statistics and other information as may be requested, and agree that the student may be photographed or otherwise digitally or electronically captured during competition and such image or other report may be used without permission or compensation.

The student and parent/legal guardian, individually and on behalf of this student, consent to the high school and the KHSAA and their representatives to use and disclose the necessary personally identifiable information from the student's education records including, but not limited to, academic, financial and health care information, to third parties including, but not limited to, school representatives, coaches, athletic trainers, medical facilities, medical staffs, KHSAA legal counsel and the media, for the purpose of receiving proper/necessary medical care and complying with the KHSAA bylaws, including, but not limited to, making determinations regarding eligibility to participate in interscholastic athletics and any administrative or legal proceedings resulting from participation or attempted participation in interscholastic athletics, without such disclosure constituting a violation of my rights under the Family Educational Rights and Privacy Act. I further release the high school, the KHSAA and their representatives from any and all claims arising out of the use and disclosure of said necessary personally identifiable information. I also agree to release to the high school, the KHSAA, and their representatives, upon request, the detailed and completed application for financial aid.

The student and parent/legal guardian, individual and on behalf of the student, hereby consent to allow the student to receive medical treatment that may be deemed advisable by the high school, the KHSAA, and their representatives in the event of injury, accident or illness while participating in interscholastic athletics, including, but not limited to, transportation of the student to a medical facility.

Students' Name (please print)	School
Student and Parent/Guardian Address	
Signature of Student	Date
Name of Parent(s)/Guardian(s) who has/have custody of this student (please print)	Emergency Phone Number
Signature of Parent(s)/Guardian(s) who has/have custody of this student	Date
Insurance Carrier	Policy Number