

PATIENT INFORMATION AND INSTRUCTIONS FOR ESOPHAGOGASTRODUODENOSCOPY (EGD)

Physician _____ Procedure Date _____ Arrival Time _____

Your procedure will be performed at the
Lexington Clinic Endoscopy and Surgical Center, Suite 200
1225 South Broadway, Lexington, KY 40504

(The brick building has a green roof and is located behind the main Lexington Clinic location)

- Please review all information and instructions as soon as possible after receiving your packet. If you have questions, please call the appropriate number listed below, Monday - Friday, between 8:00 a.m. and 4:30 p.m.

General questions: *Lexington Clinic Gastroenterology Department, 859.258.4950*

Financial questions: *Lexington Clinic Billing Office, 859.258.6200*

Procedure questions: *Endoscopy and Surgical Center Nursing Staff, 859.258.4289*

- A nurse will contact you 1-2 days prior to your procedure to review your instructions and medical information. If you are not available by phone or you do not have voice mail, please call the Endoscopy and Surgical Center nursing staff at least 24 hours prior to your procedure to receive instructions.
- If you are taking aspirin or aspirin-like products (Advil, Motrin, Ibuprofen, Excedrin or Aleve) please talk to your prescribing physician and ask when, or if, you should stop taking it. If your physician has prescribed aspirin to prevent stroke or heart attack it may be recommended that you continue your medication. Please contact your prescribing physician for more information.
- If you are using blood thinners such as Coumadin, Heparin, Plavix, Effient, Ticlid, Xarelto, Paradaxa or Brilinta, please call your prescribing physician at least seven (7) days prior to your procedure for instructions regarding possible dosing changes.
- You **MUST** have a driver available to wait in the surgery center during the procedure and stay with you for 24 hours following your procedure.
- Bring a list of all medications you are currently taking along with the correct strengths and dosages.
- **DO NOT** eat anything after midnight prior to scheduled procedure.
- You may have clear liquids until 6 hours prior to your procedure. Examples of clear liquids are: apple juice, white grape juice, chicken or beef bouillon/broth, posicles, Jell-O (no red or purple colors), sodas, coffee and tea (both without cream, non-dairy creamer or milk).