

Ultrasound exam preps/instructions

EXAM	PREP /INSTRUCTIONS
Amniocentesis	No prep
Sono Hystogram	No prep
Fetal ultrasound	32 oz fluid completed 1 hr before exam time
Multiple gestation	32 oz fluid completed 1 hr before exam time
Biophysical Profile	32 oz fluid completed 1 hr before exam time
Pelvis not OB	64 oz fluid completed 1 hr before exam time
Transvaginal pelvis	No prep
Bladder	48 oz fluid completed 1 hr before exam time. DO NOT empty bladder before exam
Pediatric kidney/bladder	Toliet-Trained: 18 oz fluid completed 45 minutes before scheduled exam; DO NOT empty bladder. Non-Toliet Trained: No Prep
Abdomen complete	Nothing to eat or drink 12 hours prior
Right upper quadrant	Nothing to eat or drink 12 hours prior
Single Organ	
• Gallbladder	Nothing to eat or drink 12 hours prior
• Liver	Nothing to eat or drink 12 hours prior
• Spleen	Nothing to eat or drink 12 hours prior
• Pancreas	Nothing to eat or drink 12 hours prior
Kidneys	No prep
Infant hips	No prep
Extremity	No prep
Femoral	No prep
Scrotum	No prep
Aorta	Nothing to eat or drink 12 hours prior
Thyroid	No prep
Thyroid FNA	No aspirin or blood thinner 3 days prior to procedure
Breast	No prep
Breast core BX	No aspirin or blood thinner 3 days prior to procedure
Breast FNA / Cyst aspiration	No aspirin or blood thinner 3 days prior to procedure