



**W. Ben Kibler, M.D., F.A.C.S.M.**

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### **Peter W. Hester, M.D.**

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### Current Studies

- Acute measurement of GIRD in throwing athletes
- Analysis of 4 scapula exercises using electromyography
- Correlation of clinical examination and arthroscopic findings in the shoulder
- Functional outcomes of post-operative and non-operative shoulder patients
- Measurement of GIRD at different humeral positions
- Treatment of adhesive capsulitis of the shoulder: a multi-center randomized clinical trial
- A national survey of youth baseball pitchers regarding pitching exposure and elbow and shoulder problems
- Association among pitching variables, elbow or shoulder injuries, and structural arm differences in youth pitchers seen at Lexington Clinic Orthopedics-Sports Medicine Center