

INSULIN DEPENDENT Diabetic Patients PET/CT preparation protocols

Patient scheduled for PET/CT Exam BEFORE Noon:

- Patient to be fasting from 12:00 a.m. (midnight) until after the exam, except for water in moderation.
- **Consult with ordering physician's office if insulin injection is necessary prior to exam.**
- Patient to bring Diabetes medications to PET/CT appointment.
- Patient should contact ordering physician's office with questions or concerns.

Patient scheduled for PET/CT Exam AFTER Noon:

- **Patient to eat a light, low carbohydrate meal a minimum of 4 hours prior to the exam time.**
 - After that patient may drink water only in moderation.
- **Patient to take insulin injection with meal (minimum of 4 hours prior to exam).**
- Patient to bring Diabetes medications to PET/CT appointment.
- Patient should contact ordering physician's office with questions or concerns.

Patient Signature: _____

Date: _____

Staff Signature: _____